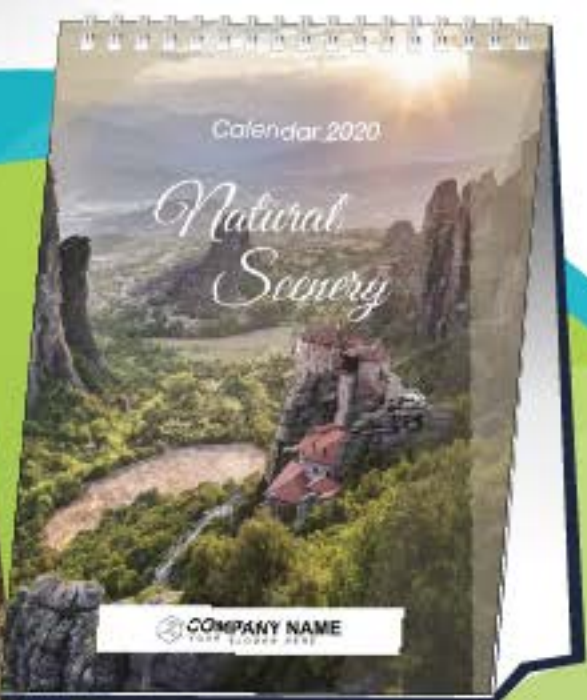
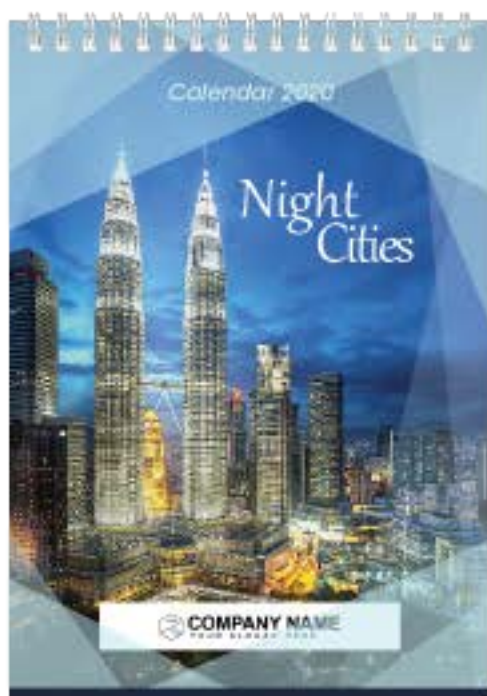


# 2020 CALENDAR CATALOGUE



# 2020 CALENDAR

( 10 Templates to choose )



Desk Calendar cover sheet  
台历封面



Stand : 700gsm Hard Stand



## Desk Calendar

- Custom Printing Calendar for Business.
- Company logo and contact details will be printed in each pages.

\* Calendar shown is for reference only. Subject to actual, original sample.

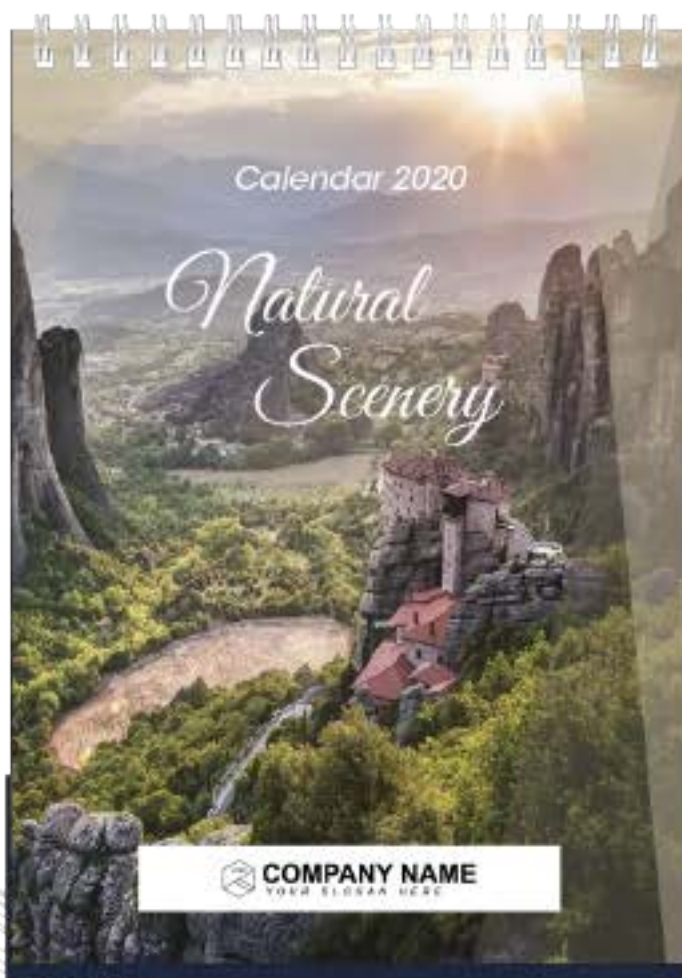
\*\*While we take great care in compiling the information on this calendar , we accept no responsibility for any errors omissions.

# Natural Scenery 自然美景

## DC 01

### Desk Calendar

Calendar Stand : 152mm x 216mm  
Calendar Size : 152mm x 210mm  
Advertisement Space : 32mm x 152mm



▲ Desk calendar cover sheet 台历封面

▼ Stand : 700gsm Hard Stand

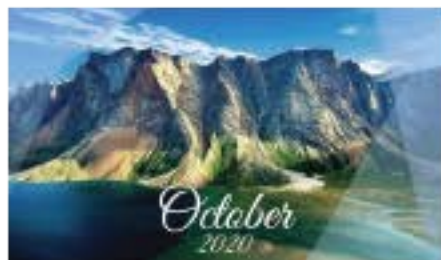
### Desk Calendar

- Custom Printing Calendar for Business.
- Company logo and contact details will be printed in each pages.

\* Calendar shown is for reference only. Subject to actual, original sample.

\*\*While we take great care in compiling the information on this calendar, we accept no responsibility for any errors omissions.





# Fabulous Flower 花朵系列

## DC 02

### Desk Calendar

Calendar Stand : 152mm x 216mm  
Calendar Size : 152mm x 210mm  
Advertisement Space : 32mm x 152mm



▲ Desk calendar cover sheet 台历封面

▼ Stand : 700gsm Hard Stand

### Desk Calendar

- Custom Printing Calendar for Business.
- Company logo and contact details will be printed in each pages.

\* Calendar shown is for reference only. Subject to actual, original sample.

\*\*While we take great care in compiling the information on this calendar, we accept no responsibility for any errors omissions.



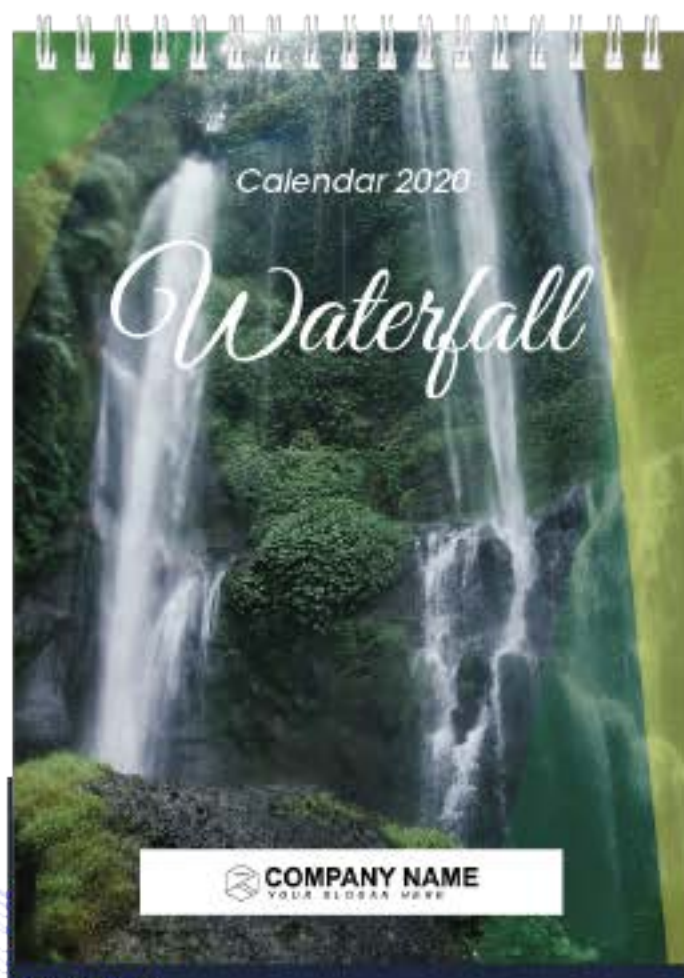


# Waterfall 瀑布美景

## DC 03

### Desk Calendar

Calendar Stand : 152mm x 216mm  
Calendar Size : 152mm x 210mm  
Advertisement Space : 32mm x 152mm



▲ Desk calendar cover sheet 台历封面

▼ Stand : 700gsm Hard Stand

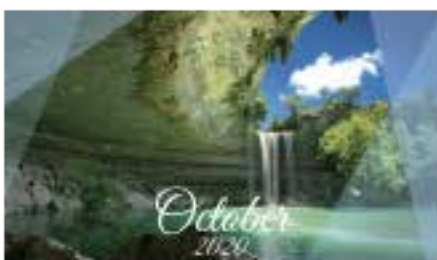
### Desk Calendar

- Custom Printing Calendar for Business.
- Company logo and contact details will be printed in each pages.

\* Calendar shown is for reference only. Subject to actual, original sample.

\*\*While we take great care in compiling the information on this calendar, we accept no responsibility for any errors omissions.





# Save the Earth 救救地球

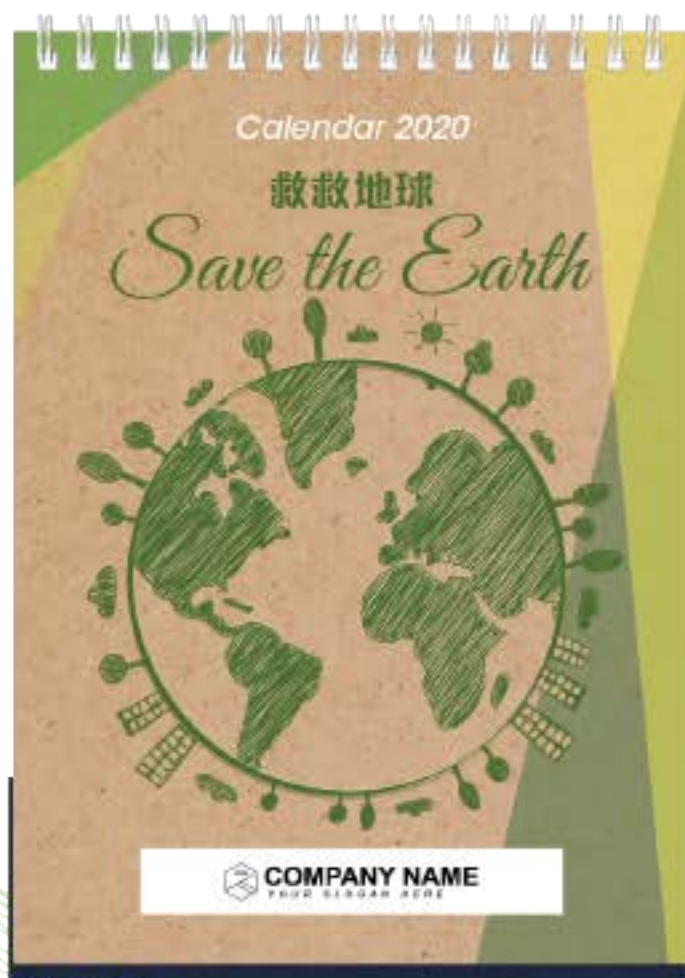
## DC 04

### Desk Calendar

Calendar Stand : 152mm x 216mm

Calendar Size : 152mm x 210mm

Advertisement Space : 32mm x 152mm



▲ Desk calendar cover sheet 台历封面

▼ Stand : 700gsm Hard Stand

### Desk Calendar

- Custom Printing Calendar for Business.
- Company logo and contact details will be printed in each pages.

\* Calendar shown is for reference only. Subject to actual, original sample.

\*\*While we take great care in compiling the information on this calendar, we accept no responsibility for any errors omissions.





## Organic Vegetable

Organic Vegetable producers grow and produce food without using synthetic chemicals such as pesticides and artificial fertilisers. They do not use genetically modified components or expose food to irradiation.

01  
January



02  
February



03  
March



## Animals as Entertainment

Animals as children and soon considered everything that is without real importance to them. They will never be allowed to bring out with love, peace, or to anything that they would like to do.

04  
April



05  
May



06  
June



07  
July



08  
August

## Maintain Your Car

Underinflated tires increase fuel consumption by up to 30 percent and lead to increased pollution and higher greenhouse gas emissions. Underinflated tires increase the wear, so it will save the money in making sure you're good about checking your tire pressure.



09  
September



10  
October



11  
November

## Recycle

Recycling is a process that involves taking waste materials and turning them into new products. It is a way to reduce the amount of waste that ends up in landfills and to conserve natural resources. Recycling is a key part of sustainable living and can help to reduce the environmental impact of our daily lives.



12  
December

## Ride a Bike

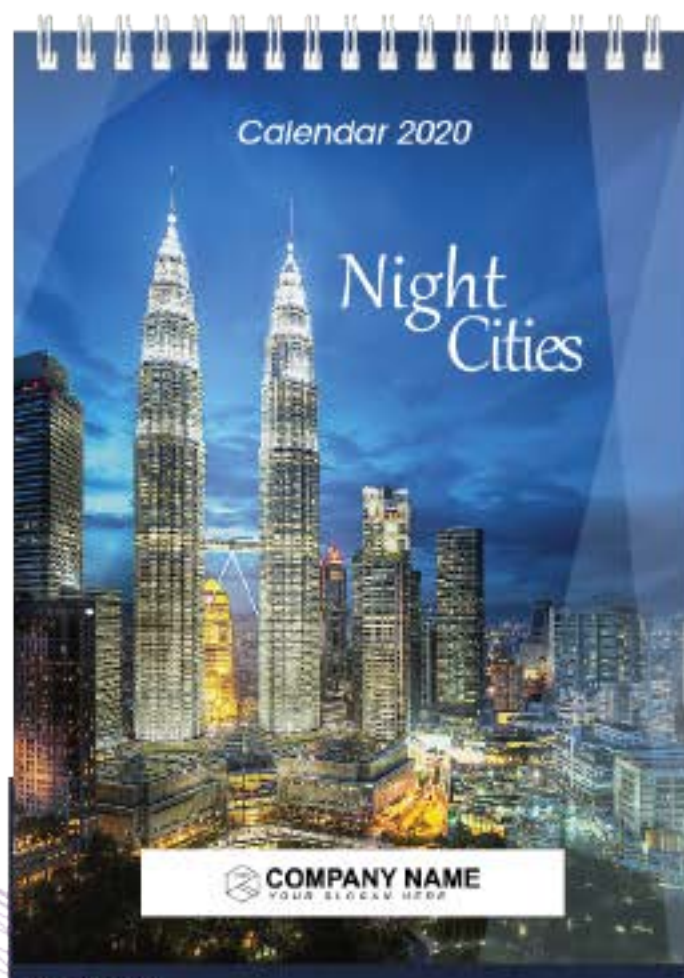
While it takes you a little longer, riding a bicycle is a great way to get exercise and enjoy the outdoors. It's also a great way to reduce your carbon footprint and save money on gas. So, next time you need to get somewhere, consider riding a bike.

# Night Cities 城市夜景

## DC 05

### Desk Calendar

Calendar Stand : 152mm x 216mm  
Calendar Size : 152mm x 210mm  
Advertisement Space : 32mm x 152mm



▲ Desk calendar cover sheet 台历封面

▼ Stand : 700gsm Hard Stand

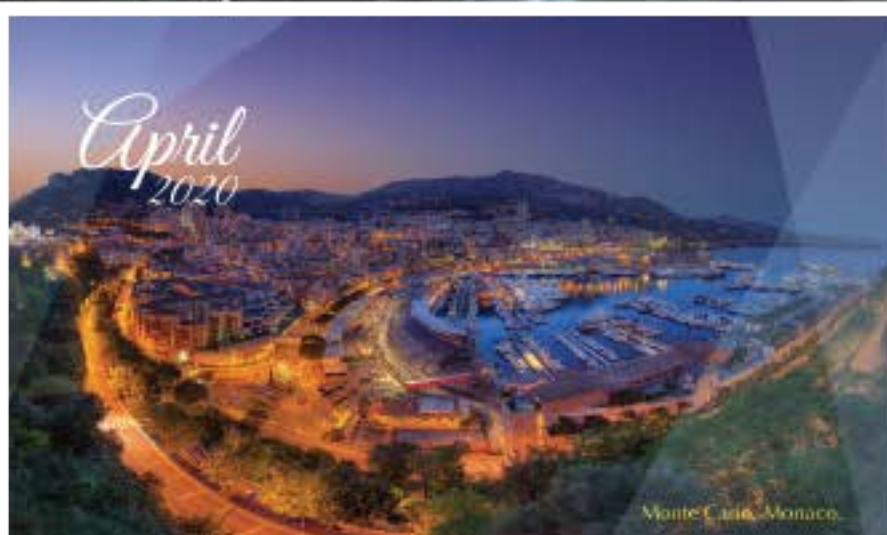
### Desk Calendar

- Custom Printing Calendar for Business.
- Company logo and contact details will be printed in each pages.

\* Calendar shown is for reference only. Subject to actual, original sample.

\*\*While we take great care in compiling the information on this calendar, we accept no responsibility for any errors omissions.





# Challenge Your Limit 挑戰極限

## DC 06

### Desk Calendar

Calendar Stand : 152mm x 216mm  
Calendar Size : 152mm x 210mm  
Advertisement Space : 32mm x 152mm



▲ Desk calendar cover sheet 台历封面



▲ Stand : 700gsm Hard Stand

**01**  
Jan 2020

**OPPORTUNITY**

You'll always miss 100% of the shots  
you don't take.



**02**  
Jan 2020

**CHANGE**

We cannot direct the wind,  
but we can adjust the sails.



**03**  
Mar 2020

**COMPETITION**

"Whoever said, 'It's not whether  
you win or lose that counts, probably lost!'"



**04**  
Apr 2020

**WISDOM**

Wisdom is to understand that  
the world is ever-changing.



**05**  
May 2020

**SUCCESS**

The harder you work,  
the happier you get.



**06**  
Jun 2020

**EXCELLENCE**

"The difference between ordinary  
and extraordinary is the little extra."



**07**  
Jul 2020

**ATTITUDE**

"Adapt or die" isn't really an  
advice to me. I'm not a die.  
I'm a person. I'm a person.  
I'm a person. I'm a person.



**08**  
Aug 2020

**IMAGINATION**

is the beginning of creation.



**09**  
Sep 2020

**TEAM WORK**

Teamwork is the fuel that allows common  
people to produce uncommon results.



**10**  
Oct 2020

**EFFORT**

The spirit to win and the will to  
succeed is always measured one  
stroke at a time.



**11**  
Nov 2020

**COMMITMENT**

To be a winner, all you need to  
give is all you have.



**12**  
Dec 2020

**CREATIVITY**

Some people dream of success...  
while others wake up and  
work hard at it.



# Animals 動物系列

## DC 07

### Desk Calendar

Calendar Stand : 152mm x 216mm  
Calendar Size : 152mm x 210mm  
Advertisement Space : 32mm x 152mm



▲ Desk calendar cover sheet 台历封面



▲ Stand : 700gsm Hard Stand

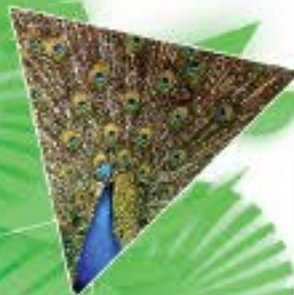
**OPPORTUNITY**  
You'll always make 100% of the stock  
you don't lose.



**TEAM WORK**  
Teamwork is the fact that allows common people to produce uncommon results.



**COMPETITION**  
"Whichever side it's not whether you win or lose that counts, probably not."



**WISDOM**  
Wisdom is to understand that  
the world is ever-changing.



**FAQ:**  
The harder you work  
the better you get.



**INSURANCE**  
"The difference between military and civilians is the little extra."



**Answer:** **100%**  
 100% of the time, the correct answer is  
 100% of the time, the correct answer is  
 100% of the time, the correct answer is



**DISCUSSION**  
In the first 20 years of the century



**CHANGE**  
We cannot direct the wind,  
but we can adjust the sails.



**EFFORT**  
The spot to win and the will to excel is always measured one stroke at a time.



**COMMITMENT**  
To be a winner, all you need to give is all you have.



**CREATIVITY**  
Some people dream of success, while others wake up and work hard at it.



# Healthy Fruits 水果系列

## DC 08

### Desk Calendar

Calendar Stand : 152mm x 216mm  
Calendar Size : 152mm x 210mm  
Advertisement Space : 32mm x 152mm



▲ Desk calendar cover sheet 台历封面



▲ Stand : 700gsm Hard Stand

01

January 2020

*Strawberry*

Strawberries are rich in essential nutrients: vitamin C, potassium, folic acid and fiber. One cup of fresh strawberries contains 100% of your daily needs for vitamin C, for only 50 calories!



02

February 2020

*Peach*

The health benefits of peach that include relief from hypokalemia, cancer, obesity, cholesterol, blood stress and neurodegenerative diseases. It helps in maintaining healthy vision, skin care, nervous system, healthy bones, and teeth.



03

March 2020

*Blueberry*

The blueberry's fiber, potassium, folate, vitamin C, vitamin B6 and phytonutrient content, coupled with its lack of cholesterol, all support heart health. The fiber in blueberries helps lower the total amount of cholesterol in the blood and decrease the risk of heart disease.



04

April 2020

*Mango*

Mangos may very well be the king of all fruits. They fight cancer, alkalize the body, aid in weight loss, regulate diabetes, help digestion, clean your skin, and make the perfect snack.



05

May 2020

*Lime*

The health benefits of lime include weight loss, skin care, improved digestion, relief from constipation, eye care, and treatment of scurvy, piles, peptic ulcers, respiratory disorders, gout, galls, urinary disorders, etc.



06

June 2020

*Avocado*

Avocado is full of Vitamins like C, B6, minerals, iron, folate, phytonutrients and different essential antioxidants that gives perfect diet for health, eye, bone and the entire body as well.



07

July 2020

*Guava*

Guava is another tropical fruit rich in high-profile nutrients. With its unique flavor, taste, and health-promoting qualities, the fruits easily fit in the new functional foods category, often called "super fruits."



08

August 2020

*Kiwifruit*

Kiwifruit are high in vitamin C and A, iron, and potassium, and is a good source of omega fatty acid.



09

September 2020

*Raspberries*

Raspberries are extremely high in various antioxidants, which can help fight aging and slow cancer growth by scavenging destructive free radical molecules in your body.



10

October 2020

*Plum*

One medium-sized fresh plum contains 113mg of potassium, a mineral that helps manage high blood pressure and reduce stroke risk.



11

November 2020

*Green Apple*

Green apples can help stabilize your blood sugar levels, which is particularly important if you have diabetes or are at risk of developing diabetes.



12

December 2020

*Passion Fruit*

Passion fruits rich in vitamin C helps the body develop resistance against flu-like infectious agents and scavenging harmful, pro-inflammatory free radicals.



# Ocean Paradise 海洋世界

## DC 09

### Desk Calendar

Calendar Stand : 152mm x 216mm  
Calendar Size : 152mm x 210mm  
Advertisement Space : 32mm x 152mm



▲ Desk calendar cover sheet 台历封面

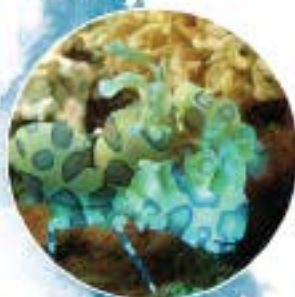


▲ Stand : 700gsm Hard Stand

January 2020

01

请身体力行，帮助我们的海洋生物。它们需要受保护。  
Please step up and help give our sealife the protection it needs.



February 2020

02

爱护海洋！大家一起来爱护海豚！  
Protect our oceans, protect the Dolphins.



March 2020

03

海洋生物是人类赖以生存的宝贵财富。  
Marine Life is precious Wealth to the survival of Humans.



April 2020

04

请拯救海洋。  
我们可以一起做做得更好。  
To Save the sea. Together we can make this happen.



May 2020

05

不要破坏海洋生态。  
请珍惜海洋生物。  
please Protect the Ocean, Cherish Marine life!



June 2020

06

海洋提供了捕捞、运输和休闲创造经济收益。  
我们需要妥善运用，请保护它！  
The ocean provides economic opportunity from Fishing, Transport and Recreation. Protect it!



July 2020

07

爱护海洋生物是很重要的。  
我们应该停止过度捕捞。  
hands off! please protect the Ocean. Stop Over Fishing.



August 2020

08

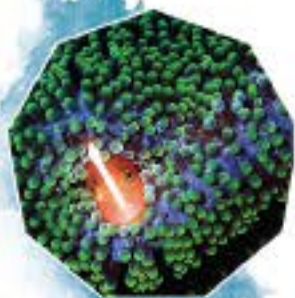
当我们保护海洋生物  
也就是保护人类基本生态。  
Protecting Marine life is also Protecting human life.



September 2020

09

海洋覆盖了地球表面的71%。  
我们理应认真和尽忠的保护它！  
The ocean covers 71% of the Earth's Surface. Protect it!



October 2020

10

我们或许不能保护海洋的一切，  
但我们可以使海洋  
成为一个更安全的地方。  
We cannot protect whales from everything, but we can make the Ocean a Safer Place for them.



November 2020

11

请献出你的力量，  
以保护全世界的海洋哺乳动物！  
Please do YOUR part to help Protect Marine mammals worldwide!



December 2020

12

不要购买使用  
海洋生物制品。  
Don't Purchase items That Exploit Marine Life.



# Healthy Living 健康生活

## DC 10

### Desk Calendar

Calendar Stand : 152mm x 216mm  
Calendar Size : 152mm x 210mm  
Advertisement Space : 32mm x 152mm



▲ Desk calendar cover sheet 台历封面



▲ Stand : 700gsm Hard Stand

JAN  
2020

## 慢跑 Jogging

慢跑属于有氧运动，慢跑时循环系统、骨骼系统健身都有积极的好处。

The benefits of jogging in the morning are that you are fresh, well-rested, and if you run on an empty stomach, could burn more fat.



FEB  
2020

## 放松心情 Relax

放松心情可以降低身体压力，是基础代谢率降低，从而在体力得以恢复。

Relax is a key part of a healthy lifestyle and can benefit your heart, mind, and more.



MAR  
2020

## 喝水 Drink Water

水分充足才能使血液流通顺畅，身上的每个器官都需要大量的水分才能顺利运作，帮助新陈代谢。

Water helps to maintain healthy body weight by increasing metabolism and regulating appetite. Water is the primary mode of transportation for all nutrients in the body.



APR  
2020

## 高纤维 High-Fiber

吃高纤维食物不仅可以帮助调节身体受到有害物质和食物，还可以减肥，使我们的身体变得更加健康。

High-fiber diet is that you may find it easier to maintain or even lose weight. Foods high in fiber are usually healthier and lower in calories.



MAY  
2020

## 早餐 Breakfast

早餐对于控制一整天的食欲，能够有效降低食欲欲望，提高身体新陈代谢率，有利于减肥。

A good breakfast is the most crucial part of any healthy weight-loss effort, as it rees up your energy level and metabolism for the full day.

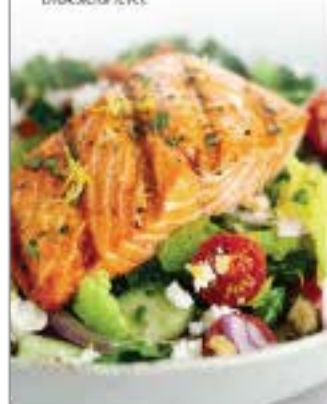


JUN  
2020

## 三文鱼 Salmon Fish

三文鱼含有丰富的脂肪，能降低血脂和血液胆固醇，所含的Omega-3脂肪酸更是脂肪中不可少的物质。

Salmon's reputation as a healthy food is largely based on its unusual omega-3 fatty acid content. They help reduce the blood pressure too, as they lower cholesterol level.



JUL  
2020

## 果汁 Fruit Juice

纯果汁对于身体健康提供必不可少营养，包括果糖、矿物质、维生素、胡萝卜素、蛋白质和维生素C。

100% Fruit juices are a smart addition to any unbalanced diet, providing vitamins and minerals like potassium, vitamin C and folate.



AUG  
2020

## 牛奶 Warm Milk

牛奶有温暖的舒缓功效，因此，容易失眠的人，睡前喝一杯热牛奶，还会放松你的神经，使你轻松入睡。

A glass of warm milk warms the body. When the body temperature is raised, the body also slows responses. The slowing of bodily responses precedes sleep.



SEP  
2020

## 香薰 Aromatherapy

香薰可以舒缓神经压力，减轻异味，分解二手烟及净化空气。

Aromatherapy can add relaxing, uplifting or clean, fresher and purify the air.



OCT  
2020

## 沙拉 Salad

蔬菜沙拉有助于降低身体胆固醇，它不含脂肪，热量对减肥有至善的效果，并具有助于减少便秘。

Green vegetables salad help to lower our cholesterol. As salad do not contain fat is helps in weight loss. Green vegetable salad help to decrease constipation.



NOV  
2020

## 睡眠 Sleeping

睡眠可以使人们的大脑和身体得到休息，休息和恢复，帮助人们的日常工作和学习有效帮助消化和睡眠。

Sleep makes you feel better, but its importance goes way beyond just boosting your mood or banishing under-eye circles.



DEC  
2020

## 晚餐 Dinner

晚餐要早，提前至少3小时吃晚餐，这时肠胃里食物已经残留不多，不会影响夜间睡眠质量。

Some food and nutrition advocates suggest that eating dinner early will help you lose weight, especially if you consume your meal at least three hours before you go to bed.

